

[REDACTED]

Director Health Services

ACTION REQUIRED

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INDEPENDENT SCHOOL DISTRICT

To: All Principals
Date: August 24, 2018
Re: Heat Advisory Guidelines

Attached are the Heat Advisory Guidelines that may be implemented by the ISD.

[REDACTED]

[REDACTED]

[REDACTED]

[REDACTED]

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INDEPENDENT SCHOOL DISTRICT

Guidelines for Heat Precautions

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can event heat injury and can be easily appli

When the heat degrees or higher, students should remain inside
for recess and for daily heat index).

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body t gu s. Heat

- ◆ **Heat stress** is a result of mild disturbances in electrolyte balance thought to be caused from excessive perspiration. Headache muscle cramps are the typical

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MEMORANDUM

INDEPENDENT SCHOOL DISTRICT

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Simple instructions beforehand to the students in their homerooms and P.E. classes can increase compliance. But make your point, push water and .

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alternative recreational activity.